Sarah Mayhew

ACTOR | DIRECTOR | EDUCATOR

She/Her/Hers
sarahmayhew.com
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EDUCATION

MASTER OF FINE ARTS | Texas Tech University
Performance & Pedagogy
Lubbock, TX

BACHELOR OF ARTS | Birmingham-Southern College
Musical Theatre
Birmingham, AL

TEACHING EXPERENCE

NORTHWESTERN UNIVERSITY
National High School Institute: Theatre Division
Directing Faculty: Text Analysis, Audition Workshop
Evanston, IL | Summers 2024 - Present

BIRMINGHAM CHILDREN'S THEATRE
Teaching Artist
Birmingham, AL | 2023 - Present

BLUE LAKE FINE ARTS CAMP
Theatre Instructor: Voice, Acting, Musical Theatre
Twin Lake, MI | Summers 2023 – 2025

HIGHLANDS DAY SCHOOL
Private Voice Teacher
Birmingham, AL | 2023- 2025

TEXAS TECH UNIVERSITY
Instructor of Record: Introduction to Acting (THA A 2301-001)
Lubbock, TX | 2021 – 2023

STROKE AND APHASIA RECOVERY PROGRAM
Instructor: Theatre
Lubbock, TX | Summer 2022

MOONLIGHT MUSICALS ARTS ACADEMY
Instructor: Acting, Music
Lubbock, TX | Summer 2022

RELATED EMPLOYMENT

UNIVERSITY OF ALABAMA AT BIRMINGAM
Department of Theatre
Recruitment Coordinator
Birmingham, AL | 2025 – Present

- Manage application and audition information for prospective students
- Coordinate and schedule program auditions
- Design and implement recruitment events, initiatives, and campus visits

UNIVERSITY OF ALABAMA AT BIRMINGAM
Office of Standardized Patient Education
Standardized Patient
Birmingham, AL | 2025 – Present

- Study and execute simulated patient encounters for medical students
- Provide realistic patient interactions in emotionally heightened circumstances
- Score medical students on quality of patient care and attention

THE WALLACE THEATRE
Apprentice Artistic Director
Lubbock, TX | 2023

- Researched and compiled educational materials for potential sponsors
- Assisted with season selection and community engagement programs
- Co-directed Page to Stage New Play Development Festival

TEXAS TECH UNIVERSITY
J.T. and Margaret Talkington College of Visual and Performing Arts
Graduate Assistant: Student Recruiter
Lubbock, TX | 2020-2023

- Delivered informational presentations about College affairs to prospective students
- Operated resource fairs – Managed data for applicants, current students, and alumni
- Created original content for College media pages – Designed surveys to optimize College practices

TEXAS TECH UNIVERSITY
Division of Diversity, Equity and Inclusion
Program Ambassador
Lubbock, TX | Summer 2021

- Facilitated on-campus orientation events to connect incoming students to Division resources
- Completed outreach campaigns via phone to maximize event attendance/program enrollment
- Delivered educational presentations about Division programs and community services

DIRECTING

**denotes new work*

Director, *Failure: A Love Story,* Northwestern University National High School Institute (Cherubs), 2026

Director, *A Sick Day for Amos McGee,* Birmingham Children's Theatre, 2026

Director, *Witch* (Silverman), Northwestern University National High School Institute (Cherubs), 2025

Director, *The Three Little Kittens,* Birmingham Children's Theatre, 2024

Director, *Treasure Island* (Zimmerman)*,* Northwestern University National High School Institute (Cherubs), 2024

Director, *Tracks*,* The Wallace Theatre, 2023

Director, *The Secretaries,* Texas Tech University, 2023

Director, "She's Just Like Me,"* Texas Tech University Arts & Humanities Conference, 2022

Director, *Snake Eater**, Texas Tech University, 2022

Asst. Director, *in a word*, Texas Tech University, 2021

Director, "Pomegranate Seed"**,* Texas Tech University, 2020

Director*, The Complete Works of William Shakespeare (Abridged),* Birmingham-Southern College, 2019

Director, *Split* (One Act Festival), Birmingham-Southern College, 2019

MUSIC DIRECTING

Music Director, *The Lightning Thief (TYA Version),* Birmingham Children's Theatre, 2025

Music Director, *The Three Little Kittens,* Birmingham Children's Theatre, 2024

Music Director, *The Spongebob Musical: Youth Edition,* Birmingham Children's Theatre, 2024

Asst. Music Director, *Honk, Jr.*, Lubbock Moonlight Musicals, 2021

Asst. Music Director, *Big Fish,* Northeast Alabama Community Theatre**,** 2016

Asst. Music Director, *Into the Woods,* Northeast Alabama Community Theatre**,** 2015

Asst. Music Director, *Nunsense,* Northeast Alabama Community Theatre, 2015

ACTING

**denotes new work*

Sweeney Todd (Mrs. Lovett), Terrific New Theatre, 2026

Narnia: The Musical (The White Witch), Birmingham Children's Theatre, 2025

Assassins, (u/s Squeaky Fromme), Virginia Samford Theatre, 2025

The Wizard of Oz, (The Wizard of Oz/Flying Monkey), Birmingham Children's Theatre, 2025

Christmas Carol: A Ghost Story (Mrs. Fezziwig/Mrs. Cratchit), Birmingham Children's Theatre, 2024

Junie B. Jones (Mother/Chenille/Mrs. Gutzman) Birmingham Children's Theatre, 2024

Hunchback of Notre Dame (Ensemble), Wallace Theatre, 2022

*Dahlia is Dead and Her Dad Keeps Making Dumplings** (Sarah), WildWind Performance Lab, 2022

Spring Awakening (Bergman/Knuppeldick/Grossenbustenhalter), Texas Tech University, 2021

You're a Good Man, Charlie Brown (Sally), BurkTech Players, 2021

*Time Zones Apart** (Jess), Union College, 2020

These Shining Lives (Charlotte), Birmingham-Southern College, 2019

Sunday in the Park with George (Yvonne/Naomi), Birmingham-Southern College, 2019

tick, tick…BOOM! (Susan), Birmingham-Southern College, 2018

The Tempest (Ensemble), Birmingham-Southern College, 2017

The Trojan Women (Chorus), Birmingham-Southern College, 2017

Almost, Maine (Ginette), Northeast Alabama Community College, 2017

Forbidden Broadway, (Lady of the Lake/Dot), Northeast Alabama Community College, 2016

Big Fish (Jenny Hill), Northeast Alabama Community College, 2015

Into the Woods (Rapunzel), Northeast Alabama Community College, 2014

Les Misérables (Ensemble), Northeast Alabama Community College, 2013

Fiddler on the Roof (Ensemble), Northeast Alabama Community Theatre, 2012

FILM

"Callback" (Supporting), Birmingham-Southern College, 2019

VOICE ACTING

*The Lost City** (Cindy), Tell Me Something Studios, 2026

*The Scion of Sherlock** (Emmerson St. James) Blue Lake Fine Arts Camp Radio, 2024

*The Disappearance of Ezra Clybourne** (Devin), Blue Lake Fine Arts Camp Radio, 2023

MEMBERSHIPS

Phi Beta Kappa — Beta Chapter of Alabama**,** 2020 - present

Alpha Psi Omega — Pi Eta Cast, 2017-2020

AWARDS

SETC Leighton M. Ballew Directing Scholarship, 2023

SETC Ready to Direct Program Fellow, 2023

1st Place Direction of a One Act Play, Texas Tech University Arts & Humanities Conference, 2022

PUBLICATIONS

SETC 2023: "The Body Knows: Using Movement Based Directing" (co-presented w/Kerstin Vaughn)

SETC 2023: "Reaching for the STARs: Theatre for Speech Therapy" (co-presented w/Kerstin Vaughn)

SERVICE

Actor, Disaster Day Simulation, Texas Tech University Health Sciences Center, 2021

Season Selection Committee, Birmingham-Southern College, 2019-2020