

Sarah Mayhew

ACTOR | DIRECTOR | EDUCATOR

She/Her/Hers

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EDUCATION

MASTER OF FINE ARTS | Performance & Pedagogy

Texas Tech University
Lubbock, TX | 2020 – 2023

BACHELOR OF ARTS | Musical Theatre

Birmingham-Southern College
Birmingham, AL | 2016 – 2020

TEACHING EXPERIENCE

TEXAS TECH UNIVERSITY

Instructor of Record: Introduction to Acting (THA A 2301-001)
Lubbock, TX | 2021 – 2023

BIRMINGHAM CHILDREN'S THEATRE

Teaching Artist
Birmingham, AL | 2023 - Present

NORTHWESTERN UNIVERSITY

National High School Institute: Theatre Division
Directing Faculty: Text Analysis, Audition Workshop
Evanston, IL | Summers 2024 - 2025

BLUE LAKE FINE ARTS CAMP

Theatre Instructor: Voice, Acting, Musical Theatre
Twin Lake, MI | Summers 2023 – 2024

HIGHLANDS DAY SCHOOL

Private Voice Teacher
Birmingham, AL | 2023- 2025

MOONLIGHT MUSICALS ARTS ACADEMY

Instructor: Acting, Music
Lubbock, TX | Summer 2022

STROKE AND APHASIA RECOVERY PROGRAM

Instructor: Theatre
Lubbock, TX | Summer 2022

RELATED EMPLOYMENT

UNIVERSITY OF ALABAMA AT BIRMINGHAM

Department of Theatre

Recruitment Coordinator

Birmingham, AL | 2025 – Present

- Manage application and audition information for prospective students
- Coordinate and schedule program auditions
- Design and implement recruitment events, initiatives, and campus visits

UNIVERSITY OF ALABAMA AT BIRMINGHAM

Office of Standardized Patient Education

Standardized Patient

Birmingham, AL | 2025 – Present

- Study and execute simulated patient encounters for medical students
- Provide realistic patient interactions in emotionally heightened circumstances
- Score medical students on quality of patient care and attention

THE WALLACE THEATRE

Apprentice Artistic Director

Lubbock, TX | 2023

- Researched and compiled educational materials for potential sponsors
- Assisted with season selection and community engagement programs
- Co-directed Page to Stage New Play Development Festival

TEXAS TECH UNIVERSITY

J.T. and Margaret Talkington College of Visual and Performing Arts

Graduate Assistant: Student Recruiter

Lubbock, TX | 2020-2023

- Delivered informational presentations about College affairs to prospective students
- Operated resource fairs – Managed data for applicants, current students, and alumni
- Created original content for College media pages – Designed surveys to optimize College practices

TEXAS TECH UNIVERSITY

Division of Diversity, Equity and Inclusion

Program Ambassador

Lubbock, TX | Summer 2021

- Facilitated on-campus orientation events to connect incoming students to Division resources
- Completed outreach campaigns via phone to maximize event attendance/program enrollment
- Delivered educational presentations about Division programs and community services

DIRECTING

**denotes new work*

Director, *A Sick Day for Amos McGee*, Birmingham Children's Theatre, 2026

Director, *Witch* (Silverman), Northwestern University National High School Institute, 2025

Director, *The Three Little Kittens*, Birmingham Children's Theatre, 2024

Director, *Treasure Island* (Zimmerman), Northwestern University National High School Institute, 2024

Director, *Tracks**, The Wallace Theatre, 2023

Director, *The Secretaries*, Texas Tech University, 2023

Director, "She's Just Like Me,"* Texas Tech University Arts & Humanities Conference, 2022

Director, *Snake Eater**, Texas Tech University, 2022

Asst. Director, *in a word*, Texas Tech University, 2021

Director, "Pomegranate Seed"* , Texas Tech University, 2020

Director, *The Complete Works of William Shakespeare (Abridged)*, Birmingham-Southern College, 2019

Director, *Split* (One Act Festival), Birmingham-Southern College, 2019

MUSIC DIRECTING

Music Director, *The Lightning Thief (TYA Version)*, Birmingham Children's Theatre, 2025

Music Director, *The Three Little Kittens*, Birmingham Children's Theatre, 2024

Music Director, *The Spongebob Musical: Youth Edition*, Birmingham Children's Theatre, 2024

Asst. Music Director, *Honk, Jr.*, Lubbock Moonlight Musicals, 2021

Asst. Music Director, *Big Fish*, Northeast Alabama Community Theatre, 2016

Asst. Music Director, *Into the Woods*, Northeast Alabama Community Theatre, 2015

Asst. Music Director, *Nunsense*, Northeast Alabama Community Theatre, 2015

ACTING

Narnia: The Musical (The White Witch), Birmingham Children's Theatre, 2025
Assassins, (u/s Squeaky Fromme), Virginia Samford Theatre, 2025
The Wizard of Oz, (The Wizard of Oz/Flying Monkey), Birmingham Children's Theatre, 2025
Christmas Carol: A Ghost Story (Mrs. Fezziwig/Mrs. Cratchit), Birmingham Children's Theatre, 2024
Junie B. Jones (Mother/Chenille/Mrs. Gutzman) Birmingham Children's Theatre, 2024
Hunchback of Notre Dame (Ensemble), Wallace Theatre, 2022
*Dahlia is Dead and Her Dad Keeps Making Dumplings** (Sarah), WildWind Performance Lab, 2022
Spring Awakening (Bergman/Knuppeldick/Grossenbustenthaler), Texas Tech University, 2021
You're a Good Man, Charlie Brown (Sally), BurkTech Players, 2021
*Time Zones Apart** (Jess), Union College, 2020
These Shining Lives (Charlotte), Birmingham-Southern College, 2019
Sunday in the Park with George (Yvonne/Naomi), Birmingham-Southern College, 2019
tick, tick...BOOM! (Susan), Birmingham-Southern College, 2018
The Tempest (Ensemble), Birmingham-Southern College, 2017
The Trojan Women (Chorus), Birmingham-Southern College, 2017
Hamlet (Hamlet), Players in Progress, 2017
Almost, Maine (Ginette), Northeast Alabama Community College, 2017
Forbidden Broadway, (Lady of the Lake/Dot), Northeast Alabama Community College, 2016
Big Fish (Jenny Hill), Northeast Alabama Community College, 2015
Into the Woods (Rapunzel), Northeast Alabama Community College, 2014
Les Misérables (Ensemble), Northeast Alabama Community College, 2013
Fiddler on the Roof (Ensemble), Northeast Alabama Community Theatre, 2012

FILM

"Callback" (Supporting), Birmingham-Southern College, 2019

VOICE ACTING

*The Lost City** (Cindy), Tell Me Something Studios, 2026 (Upcoming)
*The Scion of Sherlock** (Emmerson St. James) Blue Lake Fine Arts Camp Radio, 2024
*The Disappearance of Ezra Clybourne** (Devin), Blue Lake Fine Arts Camp Radio, 2023

MEMBERSHIPS

Phi Beta Kappa — Beta Chapter of Alabama, 2020 - present

Alpha Psi Omega — Pi Eta Cast, 2017-2020

AWARDS

SETC Leighton M. Ballew Directing Scholarship, 2023

SETC Ready to Direct Program Fellow, 2023

1st Place Direction of a One Act Play, Texas Tech University Arts & Humanities Conference, 2022

PUBLICATIONS

SETC 2023: “The Body Knows: Using Movement Based Directing” (co-presented w/Kerstin Vaughn)

SETC 2023: “Reaching for the STARS: Theatre for Speech Therapy” (co-presented w/Kerstin Vaughn)

SERVICE

Actor, Disaster Day Simulation, Texas Tech University Health Sciences Center, 2021

Season Selection Committee, Birmingham-Southern College, 2019-2020